



## Sexually Transmitted Infections Foundation Course

- STIF CORE
- STIF PLUS

## Courses from the British Association for Sexual Health and HIV (BASHH)

### STIF CORE:

**Saturday 02<sup>nd</sup> October 2021**

### STIF PLUS:

**Sunday 03<sup>rd</sup> October 2021**

at

**Catherine McAuley Education &  
Research Centre, 21 Nelson St,  
Dublin 7, Ireland**

**COURSE DIRECTOR: Dr Lambert & Dr  
Lowe**

**COURSE ORGANISER:**  
**Gordana Avramovic**  
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[gavramovic@mater.ie](mailto:gavramovic@mater.ie)

*(on behalf of BASHH)*

The aim of the course is to equip participants with the basic knowledge, skills and attitudes for the effective management of sexually transmitted infections (STIs) outside the GUM setting. Early registration is preferable. It is recommended to attend both days although if you have attended a STIF course in the past 3 years, you can attend the STIF PLUS day to update your knowledge and skills.

**It is highly recommended that delegates study the appropriate modules in e-Learning for Health before attending.**

This will entail around 8-12 hours of study depending on your experience. Further information about the modules will be provided by the course organisers approximately four weeks before the course commences. The outline programme is overleaf. For further information please visit

<http://www.stif.org.uk>

**This is a multi-disciplinary course and applications are invited from:**

Doctors and nurses working in general practice, family planning and reproductive health, GUM, health advisers, secondary care clinicians who may encounter patients with STIs (e.g. O&G, A&E, rheumatology, ophthalmology), pharmacists, and school nurses.

**STIF CORE €180 (€160 early bird)**

**STIF PLUS €180 (€160 early bird)**

**BOTH DAYS €360 (€300 early bird)**

**You can book and pay online at**

<https://www.iddoctor.info/stif-registrations-2021-oct>

**Alternatively, please return the tear-off slip below,  
and send a cheque or bank draft made payable to  
"BEWELL Management Ltd",  
transfer details available on request.**

**ALL APPLICATIONS SHOULD BE  
RETURNED BY 24<sup>th</sup> September 2021**

Details of the e-learning modules and a Course Manual will be emailed to you nearer the time with your receipt.

ICGP CPD Recognition has been applied for  
This event is recognized for CPD

## Sexually Transmitted Infections Foundation Course

**Saturday 02<sup>nd</sup> October & Sunday 03<sup>rd</sup> October 2021**

### REGISTRATION FORM

NAME	
Present Post	
Workplace/ Institution	
Postal Address	
Daytime contact tel	
Email address for your joining instructions and course pack	
Please specify any special needs	

Please indicate the days which you wish to attend:

☐ DAY ONE (STIF CORE)

☐ DAY TWO (STIF PLUS – assumes attendance on a STIF Course in last 3 years)

☐ BOTH DAYS

☐ I wish an invoice to be raised for my registration fee - please state to whom the invoice is to be addressed:

☐ Covid-19 Fit to Attend Declaration: I agree to the Covid-19 Fit to Attend Declaration to attend this event.

**Please return completed application to**

**Gordana Avramovic, Catherine McAuley Centre, 21 Nelson  
Street, Dublin 7, Ireland  
Tel: +353 1 716 4562  
E-mail: [gavramovic@mater.ie](mailto:gavramovic@mater.ie)**

**Aim of STIF FOUNDATION course**

To equip participants with the basic knowledge, skills and attitudes for the effective management of STIs. By the end of the course you should be able to:

**Knowledge**

- describe the principles of STI service provision
- recognise the issues relating to confidentiality, partner notification and treatment
- demonstrate basic knowledge of the epidemiology and the factors involved in the transmission of STIs and how to prevent transmission
- demonstrate basic knowledge of STIs, their presentation, diagnosis and management
- indicate where and when to refer patients

**Skills**

- demonstrate competency, and feel comfortable, in taking a sexual history
- demonstrate the skills necessary to inform patients about reducing their risk of sexual infections and risk of unplanned pregnancy
- optimise care pathways for patients through improved links with local services (GUM, Sexual Health, Contraceptive services, Psychosexual services, Microbiology, TOP services and Primary Care)

**Attitudes**

- demonstrate an appreciation of the lifestyle and circumstances of others and how this may reflect in their presentation and impact on their management.
- recognise the range of human sexuality, lifestyles and culture and the impact this has on transmission/ prevention counselling
- demonstrate an understanding of how one's personal beliefs could affect the consultation

**Day 1 (STIF CORE ):****Programme timings may change**

- 08.15 Registration
- 09.00 Welcome & Introduction
- 09.15 Session 1- Why are we here & what do we do?  
Basics of Sexual Health provision
- 09.45 Session 2- Partner Notification, why it matters & how to signpost
- 10.30 Coffee Break
- 11.00 Session 3- Sexual History Taking & Practice
- 11.45 Session 4- Swabs & Tests
- 12.30 Session 5- HIV Testing
- 13.00 Lunch
- 14.00 Small Group Workshops x2
- 15.20 Small Group Workshops x2
- 16.50 Close

**SMALL GROUP WORKSHOPS**

- Genital sores
- Vaginal discharge
- Sexual Health Promotion, Risk Reduction & Prevention
- Young People and Sexual Health

**Day 2 (STIF PLUS):****Programme timings may change**

- 08.15 Registration
- 09.00 Introduction
- 9.05 Session1- STIs in Pregnancy
- 9.45 Session 2- Sexual Assault and abuse
- 10.30 Session 3- Treatment Guidelines
- 10.45 Coffee Break
- 11.05 Session 4- HIV in Primary Care: recognition & management
- 11.45 Session 5- Viral Hepatitis - an overview
- 12.15 Session 6- Syphilis
- 13.00 Lunch
- 14.00 Small Group Workshops x2
- 15.20 Small Group Workshops x2
- 16.40 Evaluation Forms/Feedback
- 17.00 Close

**SMALL GROUP WORKSHOPS**

- Male Dysuria, Testicular Pain and Testicular Lumps
- Conditions affecting genital skin
- Pelvic Pain
- Gay, bisexual, transgender and other MSM

**STIFCOMPETENCY PROGRAMME**

Having attended the STIF Foundation course, you may be interested in registering for STIF Competency workplace training and assessment which provides a *nationally* recognised training and assessment qualification in sexual health. It is a modular competency-based work place based training and assessment package for non-specialist and specialist healthcare professionals requiring skills development to manage people with sexually transmitted infections. Trainees successfully completing the competencies are registered on the national STIF *Competency* database of accredited healthcare professionals. [www.stif.org.uk](http://www.stif.org.uk)